

European Society of Ophthalmology



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European Leadership Development Program Class of 2021-2023
Project Abstract

The European Society of Ophthalmology requests a brief abstract of the project that each EuLDP participants has worked on during the program. The compiled abstracts will be included on the SOE website and will be given to incoming EuLDP classes as background material. Please e-mail your abstract to E-mail: secretariat@soevision.org

*Please include the headings if appropriate: **Title, Purpose, Methods, Results and Conclusion***

Title of Project: Establishing a RCT center at Sveta Petka Eye Clinic in Varna, Bulgaria

Purpose: To develop a new clinical subdivision that is self-sustaining and fully integrated within the existing clinical structure.

Methods: A set of inter-personal, organizational and clinical approaches have been applied in order to establish local standard operating procedures (SOP) and preferred practice patterns (PPP), that are based on validated RCT protocols and are applicable through local facility capacities.

Results: Since 2018 five RCT projects have been completed successfully, three are underway, one was completed unsuccessfully.

54 patients have been enrolled and treated for free, 19 failed to complete the full protocol.

RCT department is vital and is working in dedicated and fully equipped premises.

10 staff members were enrolled successfully, 4 staff members were not successfully enrolled.

Conclusion: Randomized controlled trials could be recognized as an effective tool to reduce clinical empiricism and to improve competence, professional responsibility and deontology.